# Guidelines Super Standard/Preferred/Super Preferred

## **Family history**

- Includes: parents & siblings
- Cardiovascular defined as: Coronary Artery Disease, Peripheral Vascular Disease, Stroke, and Transient Ischemic Attack

Super Standard	Preferred	Super Preferred
<ul> <li>Up to one death prior to age 60 of:         <ul> <li>Cardiovascular Disease,</li> <li>Breast Cancer,</li> <li>Colon Cancer,</li> <li>Ovarian Cancer,</li> <li>Prostate Cancer,</li> <li>Diabetes</li> </ul> </li> <li>Disregard cancer of opposite sex except for colon cancer</li> <li>Family history not considered for applicants aged 71+</li> </ul>	<ul> <li>No death prior to age 60 of:         Cardiovascular Disease         Breast Cancer         Colon Cancer         Ovarian Cancer         Prostate Cancer         Diabetes</li> <li>Disregard cancer of opposite         sex except for colon cancer</li> <li>Family history not         considered for applicants         aged 71+</li> </ul>	<ul> <li>No death prior to age 65 of:         Cardiovascular Disease         Breast Cancer         Colon Cancer         Ovarian Cancer         Prostate Cancer         Diabetes</li> <li>Disregard cancer of opposite sex except for colon cancer</li> <li>Family history not considered for applicants aged 71+</li> </ul>

# **Blood pressure**

- Use exam average if no hypertension treatment
- Use 12 month average if hypertension history

Super Standard	Preferred	Super Preferred
Cannot exceed: • 145/90 at ages 20-64 • 150/90 at ages 65-85	Cannot exceed:  • 140/85 at ages 20-44  • 140/90 at ages 45-64  • 145/90 at ages 65-85	Cannot exceed:  • 135/85 at ages 20-44  • 140/85 at ages 45-64  • 140/90 at ages 65-85

#### Cholesterol

- Medication may be disregarded
- We assess the ratio within the context of the entire lipid profile

Super Standard	Preferred	Super Preferred
<ul> <li>Cannot exceed:</li> <li>Total cholesterol 300, cholesterol/HDL of 6.5 at ages 20-64</li> <li>Total cholesterol 300, cholesterol/HDL of 7.0 at ages 65-85</li> </ul>	Cannot exceed:  • Total cholesterol 270, cholesterol/HDL of 5.5 at ages 20-64  • Total cholesterol 280, cholesterol/HDL of 6.0 at ages 65-85	Cannot exceed:  • Total cholesterol 240, cholesterol/HDL of 4.5 at ages 20-64  • Total cholesterol 260, cholesterol/HDL of 5.0 at ages 65-85

# **History of**

• Alcohol abuse • Drug abuse • Cancer • Diabetes

Super Standard	Preferred	Super Preferred
No rating	<ul> <li>No personal history of alcohol or drug abuse within 10 years</li> </ul>	<ul> <li>No personal history of alcohol or drug abuse, diabetes or cancer ever</li> </ul>
	<ul> <li>No personal history of diabetes or cancer ever</li> </ul>	<ul> <li>Exception - Basal and Squamous Cell</li> </ul>
	<ul> <li>Exception – Basal and Squamous Cell</li> </ul>	
	<ul> <li>Personal history of certain cancers will be allowed.</li> <li>Consult your home office underwriter for criteria.</li> </ul>	

#### Foreign residency/travel

Super Standard Preferred Super Preferred

- Applicant must be a U.S. citizen or permanent U.S. resident
- Travel to hazardous area may disqualify for Super Standard, Preferred and Super Preferred
- Consult with your home office underwriter for applicants who are not U.S. citizens or permanent residents

#### Tobacco<sup>1</sup>

• Tobacco use includes any tobacco or nicotine product (i.e., cigar, patch, gum & marijuana)

Super Standard	Preferred	Super Preferred
<ul> <li>No tobacco use for: one year, ages 20-70 three years, ages 71-85</li> </ul>	<ul> <li>No tobacco use for: two years, ages 20-70 three years, ages 71-85</li> </ul>	<ul> <li>No tobacco use for: five years, ages 20-80</li> <li>Exception - 12 or fewer</li> </ul>
<ul> <li>Exception – 24 or fewer cigars per year with a negative urine</li> </ul>	<ul> <li>Exception – 24 or fewer cigars per year with a negative urine</li> </ul>	cigars per year with a negative urine
	<ul> <li>For Tobacco/Preferred rates all preferred criteria must be met except tobacco use</li> </ul>	

## **Driving<sup>2</sup>**

Super Standard	Preferred	Super Preferred
No rating		noving violations in the past three years e influence or reckless driving in five years

# Occupation/military/aviation/hazardous sports

Super Standard	Preferred	Super Preferred
Not ratable for occupation and military		
<ul> <li>For aviation and hazardous sports risk, refer to your home office underwriter</li> </ul>		

<sup>&</sup>lt;sup>1</sup> Tobacco definitions:

- Tobacco: Current or past use in the prior 12 months of any tobacco including cigarettes, cigars, pipe, chew, snuff or nicotine aids. (For ages 71-85, a client will be classified as tobacco if they have used any types of tobacco in the last 3 years.)
- Non-tobacco: No tobacco use in any form currently or in the prior 12 months.
- Exception to non-tobacco: Twenty-four or fewer cigars in the prior 12 months with admitted use on the application (or TeleApp) and a negative urine specimen for nicotine qualify for non-tobacco.
- Marijuana: A recreational user of marijuana with a maximum use of 1-2 times per month, may qualify for non-tobacco rates. For increased frequency and for other types of use (medicinal, non-smoked forms, etc.), please contact your home office underwriter for details.
- In New Jersey, marijuana only users (no tobacco use) are considered non-tobacco.

<sup>&</sup>lt;sup>2</sup> Subject to review of specific infractions.